



# Virus WAtch

# Week ending 28 April 2024

# **Key points**

### Influenza and influenza-like illnesses (ILI)

- In the past week, most indicators of ILI activity increased or remained stable except for the rate of presentation to sentinel GPs which decreased.
- Influenza notifications were stable in the past week and remained below the seasonal threshold.
- Respiratory syncytial virus (RSV) notifications were stable in the past week.
- Total non-influenza respiratory virus detections at PathWest Laboratory Medicine (PathWest) decreased in the past week.
- In the past week, 325 COVID-19 PCR positive cases were notified in WA, an increase of 19% in comparison to the previous week. See <u>COVID-19 surveillance report</u> (health.wa.gov.au).

### Gastroenteritis

- The rate of gastroenteritis presentations to sentinel GPs increased above the baseline in the past week, while the number of presentations to EDs decreased but remained the upper range of values usually reported at this time of year.
- Rotavirus notifications to the Department of Health and norovirus detections at PathWest increased in the past week.

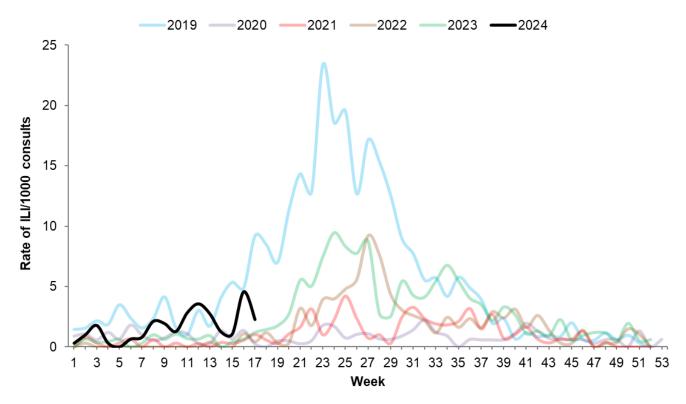
### Other vaccine-preventable diseases

- **Chickenpox and shingles**: In the past week, there were no chickenpox presentations to sentinel GPs and the rate of shingles presentations decreased. Chickenpox presentations to EDs increased to the baseline and shingles presentations remained stable.
- Measles: No measles cases notified in the past week.
- Mumps: One overseas acquired mumps case was notified in the past week.
- Rubella: No rubella cases were notified in the past week.
- Invasive meningococcal disease (IMD): No IMD cases were notified in the past week.

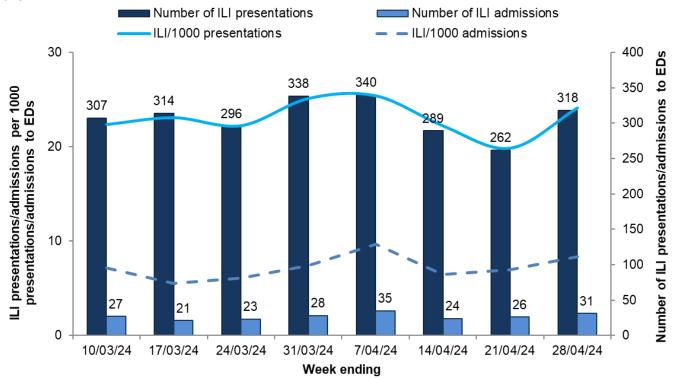
### Influenza and influenza-like illnesses (ILI)

The rate of ILI presentations to sentinel GPs decreased but remained in the higher range of values usually reported at this time of year (Figure 1).

Figure 1. Rate of ILI per 1000 consultations at sentinel GPs (Australian Sentinel Practices Research Network) in WA by week, 2019 to 2024 YTD

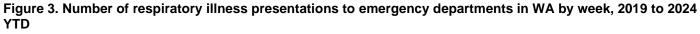


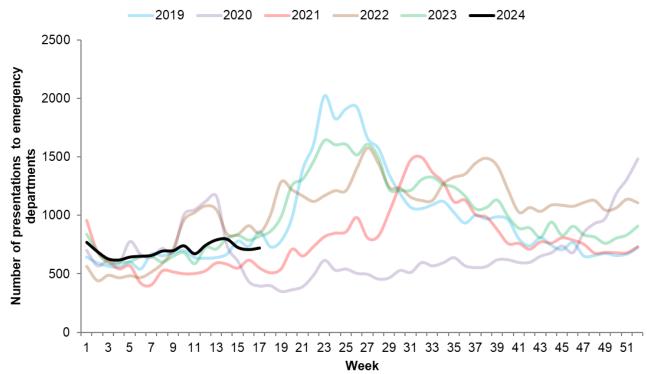
The rate of ILI-related presentations and admissions to EDs increased in the past week (Figure 2). Figure 2. Number and rate of ILI presentations/admissions to emergency departments in WA in the past eight weeks



Note: This graph is a count of current EDIS data using the ICD codes B34.9 and J06.9, which are consistent with a clinical presentation of influenza-like illness. This data may differ from that presented in the Winter Respiratory Illness Report provided by the Information and System Performance Directorate, DoH.

The number of respiratory illness presentations to EDs increased slightly in the past week and remained in the mid-range of values usually reported at this time of year (Figure 3).

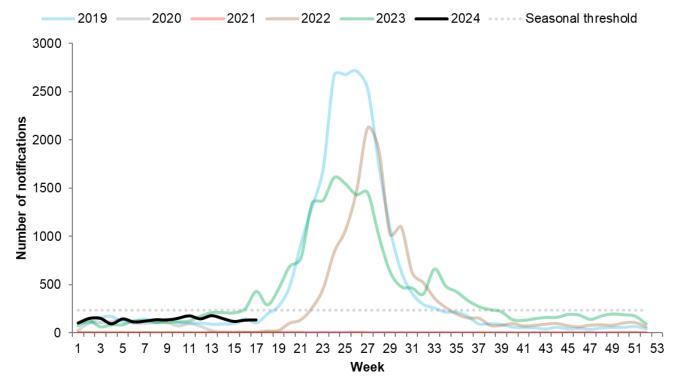




Note: This graph is a count of current EDIS data using the ICD codes B34.9, H66.9, J00, J06.9, J09.0, J10.0, J10.1, J10.8, J11.0, J11.1, J11.8, J12.9, J18.0, J18.1, J18.8, J18.9, J20.9, J21.9, J22, J40, J44.0, J44.1, J44.9, J45.9, J46.0, J98.8, J98.9, R05 and COVID-19 code U07.1, which are consistent with a clinical presentation of all respiratory-like illness. This data is different to Figure 2 but similar to that presented in the Winter Respiratory Illness Report provided by the Information and System Performance Directorate, DoH.

The number of influenza cases notified to the Department of Health was stable at 132 cases in the past week and remained below the seasonal threshold (Figure 4).

Figure 4. Number of influenza notifications in WA by week, 2019 to 2024 YTD



Note: This graph is a count of all influenza notifications by week of receipt by the DoH, WA (through WANIDD) to the end of the current reporting week. The seasonal threshold defines a value above which may indicate seasonal influenza activity. The threshold value is calculated based on analysis of inter-seasonal influenza data from 2016 to 2019 and 2023.

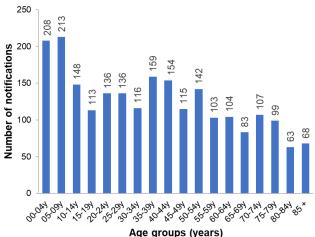
In the year to date, the number of influenza notifications and hospitalisations were higher than the previous five-year average, while the number of reported deaths was lower. Vaccination coverage to date was highest in the ≥ 65-year age group (Table 1). One-quarter of notifications were in those aged less than 15 years (Figure 5).

Table 1. Influenza notifications and vaccination coverage in WA, 2024 YTD

Notifications	Category	2024 Year to Date	5 yr average
Influenza infections extracted by date of receipt	Notifications	2,267	1,268
	Hospitalisations	462	300
	Reported Deaths	0	5
Vaccinations	Age group	2024 Year to Date	5 yr average
Influenza vaccinations administered	6mo-< 5 yrs	2,271	NA
	5-64 yrs	53,258	NA
	≥ 65 yrs	101,342	NA
	Total	156.871	NA

Note: NA: data not available. Notification data source: WANIDD. Immunisation data source: Department of Health and Aged Care Influenza (flu) immunisation data | Australian Government Department of Health and Aged Care. Doses administered from 1 March.

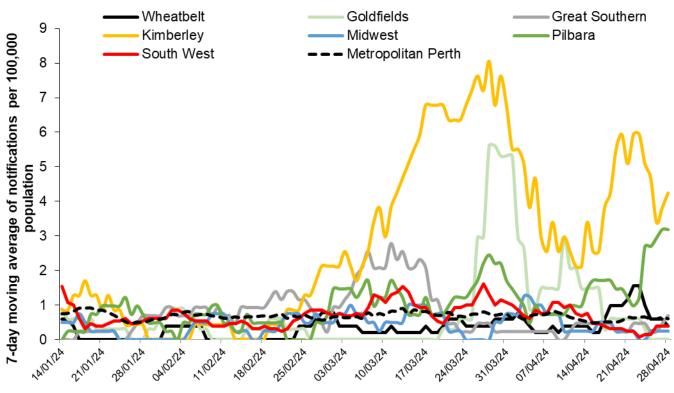
Figure 5. Influenza notifications by age group in WA, 2024 YTD



Age groups (years)

In the past week, the seven-day moving average for influenza notification rates decreased or remained stable in all regions with the exception of the Great Southern, Pilbara and South West regions, where the rates increased (Figure 6).

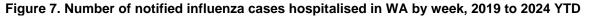
Figure 6. 7-day moving average of influenza notifications per 100,000 people in WA by health region, 2024 YTD

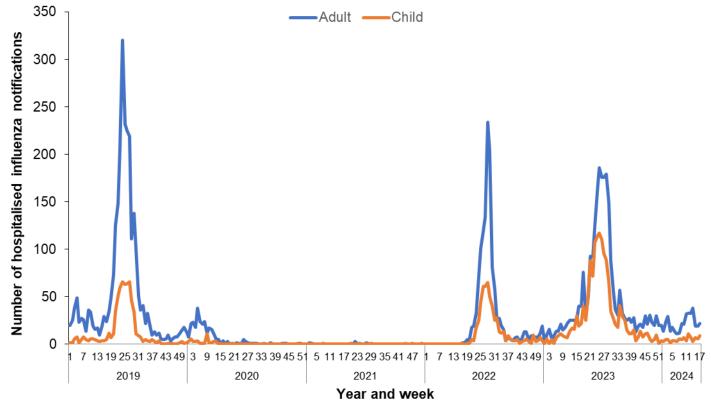


Date of receipt

Note: This graph shows the 7-day moving average of influenza cases per 100,000 people in the WA health regions for 2024 by date of receipt, received by the DoH, WA (through WANIDD) to the end of the current reporting week

The number of influenza cases reported as hospitalised in the past week increased slightly for both adults and children (Figure 7).

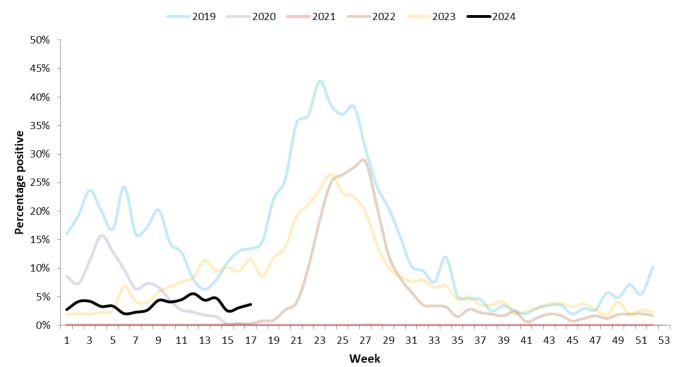




Note: This graph shows the number of all notified influenza cases that have been hospitalised, by week of notification receipt, received by the DoH, WA (through WANIDD) to the end of the current reporting week. Child notifications were defined as individuals less than 18 years of age.

The influenza PCR test positivity at PathWest increased to 3.7% (36 detections) in the past week. (Figure 8).





Note: This graph is a count of all WA samples reported by PathWest, excluding samples referred by other private laboratories for influenza subtyping.

PathWest reported 36 influenza detections in the past week, which included 18 A/H1, 10 A/H3, 3 influenza A not yet subtyped and 5 influenza B (Figure 9).

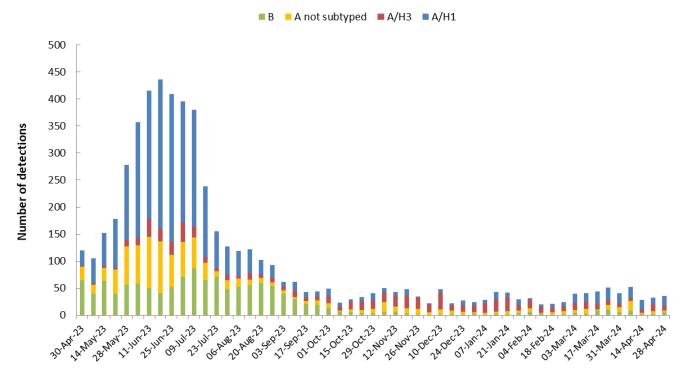
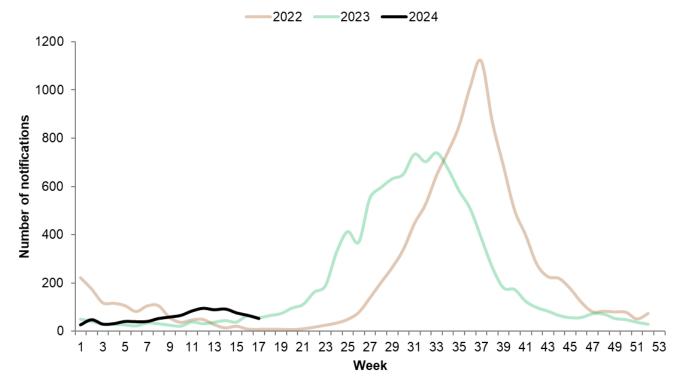


Figure 9. Number of PCR positive influenza detections at PathWest by type, subtype and week, WA, 2023 to 2024 YTD

Note: The graph is a summary of all WA samples positive for influenza reported at PathWest, excluding samples referred by other private laboratories for influenza subtyping. These samples were tested using a rapid testing method that does not determine the influenza subtype (i.e., influenza A/H3N2 or A/H1N1)

The number of respiratory syncytial virus (RSV) cases notified to the Department of Health decreased by 20% to 53 cases in the past week (Figure 10).

Figure 10. Number of respiratory syncytial virus (RSV) notifications by week, WA, 2022 to 2024 YTD

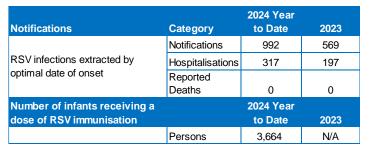


Note: Respiratory syncytial virus (RSV) was made a notifiable infectious disease in WA in July 2021. This graph is a count of all RSV by week of onset by the DoH, WA (through WANIDD) to the end of the current reporting week.

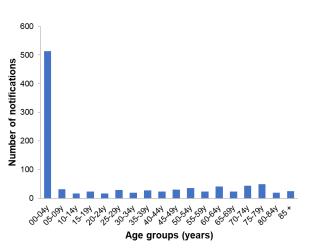
In the year to date, the number of RSV notifications and hospitalisations were higher than in the comparable period in 2023, and there were no reported deaths. To date, 3,664 infants have received a dose of RSV immunisation (Table 2). Notifications were highest in those aged less than 5 years (Figure 11).

# Table 2. RSV notifications and infant immunisation coverage in WA, 2024, YTD



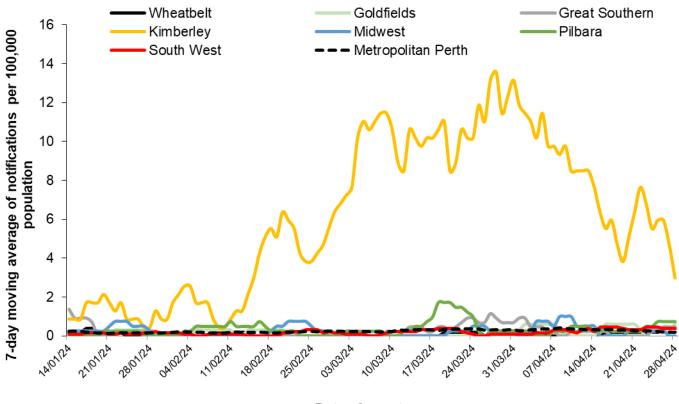


Note: NA: data not available. Notification data source: WANIDD. Immunisation data source: Australian Immunisation Register accessed by WA Department of Health. Immunisation data does not include adult doses of RSV containing vaccine.



In the past week, the seven-day moving average for RSV notification rates decreased in the Kimberley region and remained stable in all other regions (Figure 12).





Date of onset

Note: This graph shows the 7-day moving average of RSV cases per 100,000 people in the WA health regions for 2024 by optimal date of onset, received by the DoH, WA (through WANIDD) to the end of the current reporting week.

The number of RSV cases reported as hospitalised in the past week decreased among both adults and children (Figure 13).

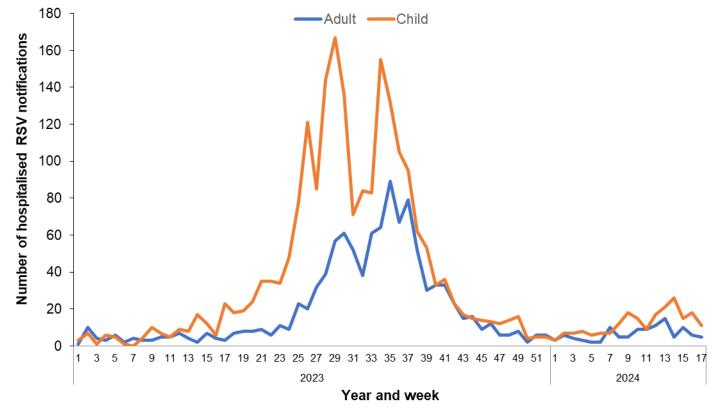
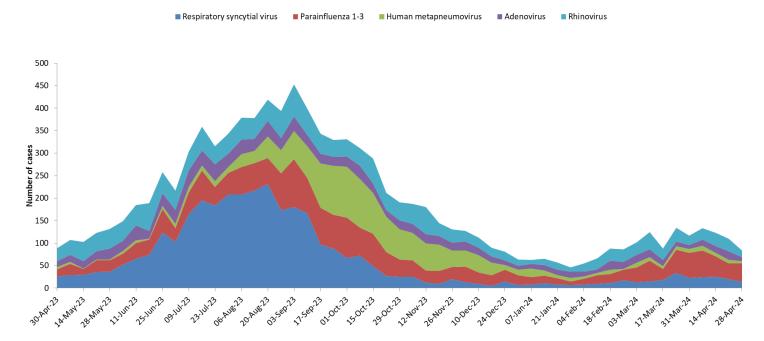


Figure 13. Number of notified RSV cases hospitalised in WA by week, 2023 to 2024 YTD

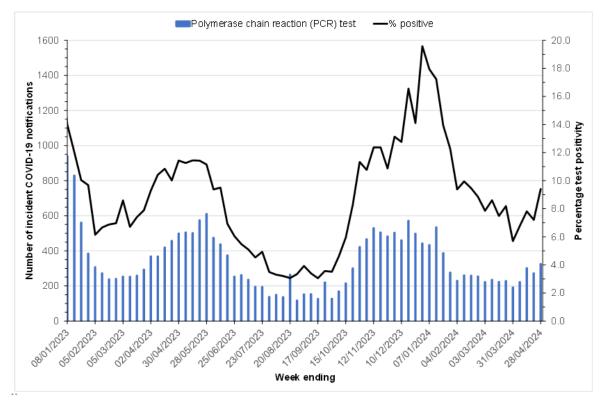
Non-influenza respiratory virus detections at PathWest decreased in the past week (Figure 14). The most common non-influenza respiratory virus detected was human parainfluenza (41 cases).

Figure 14. Number of non-influenza respiratory virus detections at PathWest by week, WA, 2023 to 2024 YTD



Note: This graph is a count of all WA samples positive for a common respiratory virus other than influenza reported by PathWest.

In the past week, 325 COVID-19 PCR positive cases were notified in WA, an increase of 19% in comparison to the previous week. (Figure 15).

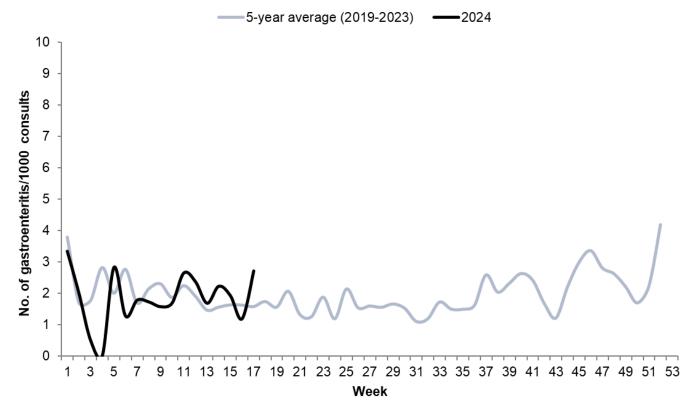




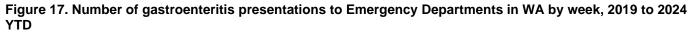
### Gastroenteritis

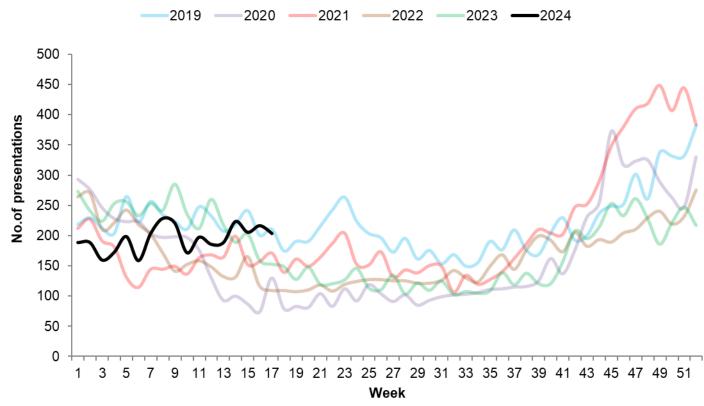
The rate of gastroenteritis presentations to sentinel GPs increased above the baseline in the past week (Figure 16).

Figure 16. Number of gastroenteritis presentations per 1000 consultations at sentinel GPs (Australian Sentinel Practices Research Network) in WA by week, 2019 to 2024 YTD



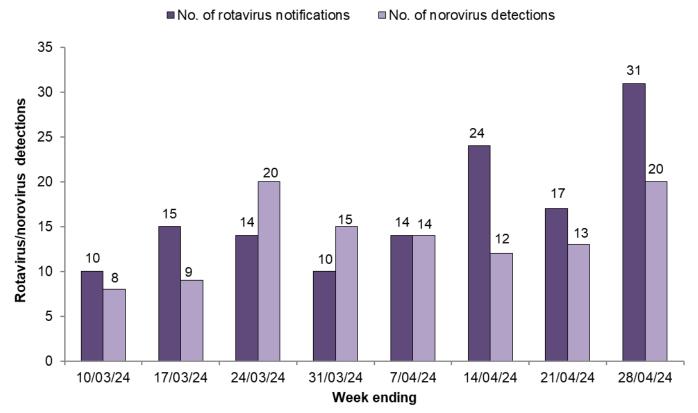
Gastroenteritis presentations at EDs decreased in the past week but remained in the upper range of values usually reported at this time of year (Figure 17).





In the past week, statewide rotavirus notifications to the Department of Health and norovirus detections at PathWest increased (Figure 18).

Figure 18. Number of rotavirus notifications to the Department of Health and norovirus detections at PathWest in the past eight weeks

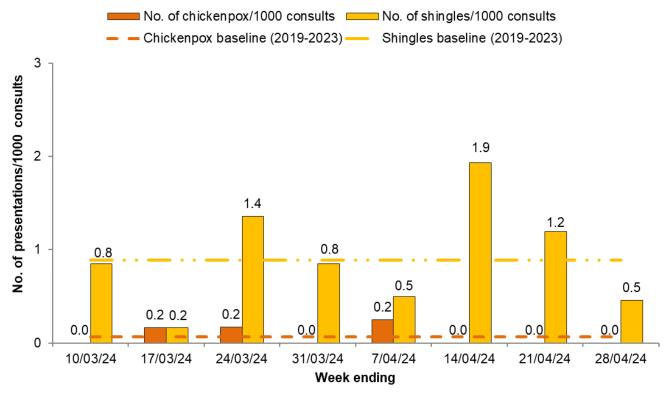


Note: Rotavirus notifications reported to the Department of Health include detections from all WA pathology laboratories. Norovirus detections are from PathWest only.

### Viral rashes

There were no chickenpox presentations to sentinel GPs in the past week and the rate of shingles presentations decreased below the baseline (Figure 19).

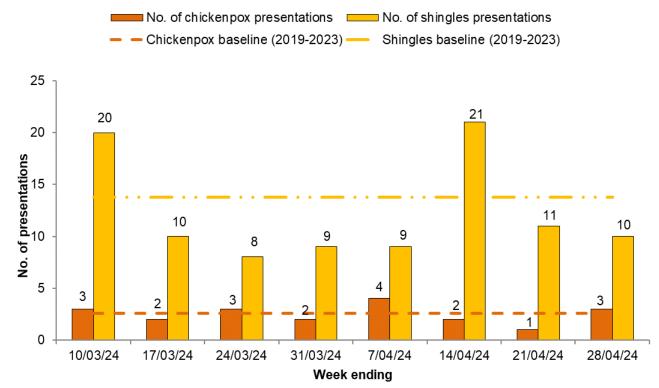
Figure 19. Number of varicella-zoster presentations per 1000 consultations at sentinel GPs (Australian Sentinel Practices Research Network) in WA in the past eight weeks



Note: Baseline levels for chickenpox and shingles presentations to WA ASPREN GPs per thousand consultations were calculated using the mean of weekly WA ASPREN data from week 1, 2019 to week 52, 2023.

In the past week, the number of chickenpox presentations to EDs increased to the baseline and shingles presentations were stable (Figure 20).

#### Figure 20. Number of varicella-zoster presentations to Emergency Departments in WA in the past eight weeks



Note: Baseline levels for varicella-zoster virus presentations to Emergency Departments in WA were calculated using the mean of weekly EDIS data from week 1, 2019 to week 52, 2023.

## **Report Notes**

Virus WAtch is a weekly electronic publication by the Communicable Disease Control Directorate (CDCD) and key collaborators. It provides a brief summary of general practice and hospital emergency department sentinel surveillance data on influenza-like illness, gastroenteritis, and varicella-zoster disease, together with relevant laboratory information, to alert health care workers in WA about important circulating viruses. All figures and data were accurate at time of publication, but subject to change. Please note that the influenza and ILI surveillance systems in Western Australia (WA) have been impacted by the COVID-19 pandemic. Therefore, respiratory viral activity should be interpreted with caution and take into account the effects of changes in health seeking behaviour including accessing alternate health services such as telehealth, focused testing for COVID-19 at COVID-19 clinics or specific acute respiratory infection clinics, increased testing for other respiratory viruses and the impact of international border closures. The data collections used to create this publication include:

- Sentinel general practice (GP) data collected by WA members of the Australian Sentinel Practices Research Network (ASPREN).
- Emergency Department (ED) data provided by the Emergency Department Information System (EDIS), which currently incorporates data from the following hospitals: Fiona Stanley Hospital, Sir Charles Gardiner Hospital, Royal Perth Hospital, Perth Children's Hospital, King Edward Memorial Hospital, St John of God Midland, Bunbury Hospital, Armadale Hospital, Joondalup Health Campus, and Rockingham General Hospital.
- Disease notification data are sourced from the Western Australian Notifiable Infectious Diseases Database (WANIDD). These data are received by CDCD, WA Department of Health from medical providers and public or private laboratories in WA. Hospitalisation data are included in the report during the influenza season.
- Viral laboratory data obtained from PathWest laboratories at QEII Medical Centre, as well as via notification data sent by all WA laboratories to CDCD, WA Department of Health.
- As of 1 January 2022, the definition of a confirmed influenza case has changed to remove 'Single high titre by CFT or HAI to influenza virus' from the list of <u>laboratory definitive evidence</u>.
- As of March 2022, this report includes COVID-19 cases diagnosed by Polymerase Chain Reaction (PCR) test and Rapid Antigen Test (RAT) sourced from Public Health Operations COVID-19 Unified System (PHOCUS).
- From 9 October 2023, it is no longer a requirement to register positive COVID-19 rapid antigen test (RAT) results to the WA Department of Health. Therefore, probable COVID-19 cases diagnosed by RAT will not be reported from that date.
- From 14 January 2024, the methodology for calculating the influenza seasonal threshold has changed. The threshold value is calculated based on analysis of inter-seasonal influenza data from 2016 to 2019 and 2023.
- Current and archived issues of Virus Watch <a href="http://ww2.health.wa.gov.au/Articles/F\_I/Infectious-disease-data/Virus-WAtch">http://ww2.health.wa.gov.au/Articles/F\_I/Infectious-disease-data/Virus-WAtch</a>.

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